

THE EMPOWERED CAREGIVER

An education program presented by the Alzheimer's Association®



Caring for someone living with dementia brings a unique set of challenges and rewards. Learn to navigate the responsibilities of middle and late stage caregiving in this education program.

Topics in the program include:

- » Building foundations of caregiving.
- » Supporting independence.
- » Communicating effectively.
- » Responding to dementia-related behaviors.
- » Exploring care and support services.

Visit alz.org/CRF to explore additional caregiver education programs in your area.

Join us on Tuesdays from 6-7pm via Zoom!

January 20: Building Foundations of Caregiving

January 27: Supporting Independence

February 3: Communicating Effectively

February 10: Responding to Dementia Related Behaviors

February 17: Exploring Care & Support Services

Register at bit.ly/AlzVirtualWinter26
or call 800.272.3900

