


✿ Invitation for You! ✿


## Senior Resource Day 2026




**Sponsored by Town of Montgomery Seniors Independence Project**

*Join us for a day dedicated to celebrating, supporting, and empowering our senior community!*

 **Date:** Wednesday, May 13, 2026

 **Time:** 1:00 – 3:00PM (sign in starts at 12:30PM)


 **Location:** Town of Montgomery Town Hall, 100 Bracken Rd, Montgomery NY 12549

### **What to Expect:**


- Brain Health sessions covered by ALS United of Greater New York, Alzheimer's Association, Hudson Valley Chapter & YWCA Middletown
- Keynote provided by Kendall Messick, Documentary Filmmaker and Author
- Light refreshments & raffles
- Helpful resources

**Admission:** Free for all seniors and their families, caregivers, volunteers, and town citizens

**Need a Ride? RSVP a place on the Seniors Bus**

 Call: (845).457.2622

### **Questions**

 Call: (845).457.4138

In Partnership with:



**Alzheimer's Association**